

Through My Eyes: Poems From My Dark Time



Through My Eyes: poems from my dark time

by MAX GORMAN

★★★★★ 5 out of 5

Language : English
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Word Wise : Enabled
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This collection of poems was written during a difficult time in my life. I was struggling with depression and anxiety, and I felt like I was losing control. I turned to poetry as a way to express my feelings and to try to make sense of what I was going through.

The poems in this collection are honest and raw. They explore themes of depression, anxiety, and hope. I hope that they will resonate with others who have struggled with mental illness. I also hope that they will offer some hope and comfort to those who are going through a difficult time.

The Darkness

I am lost in the darkness,
And I can't find my way out.

The shadows are closing in on me,
And I'm afraid.

I feel like I'm drowning,
And there's no one to save me.
I'm all alone in this,
And I don't know what to do.

I'm so tired of feeling this way,
But I don't know how to make it stop.
I just want to be happy again,
But I don't know how to get there.

The Light

But even in the darkest of times,
There is always hope.
I know that I will find my way out of this,
And I will be stronger for it.

I have people who love me,
And they will help me through this.
I have a purpose in life,
And I will not give up on it.

I will fight my way through this darkness,
And I will find the light again.
I will not let this darkness consume me,
I will overcome it.

I hope that these poems have given you some hope and comfort. If you are struggling with mental illness, please know that you are not alone. There are people who care about you and want to help you. Please reach out to someone if you need help. You are not alone in this.

Thank you for reading.



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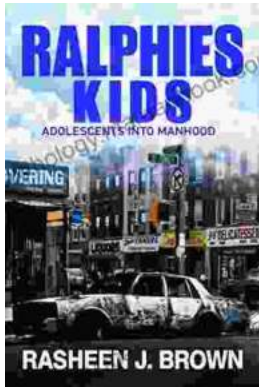
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